

Website Link: prgi.gov.in

स./ No. 04/14/2015-Store

भारत सरकार / Government of India

भारत के समाचारपत्रों के पंजीयक का कार्यालय / Office of Registrar of Newspapers for India  
(सूचना एवं प्रसारण मंत्रालय / Ministry of Information & Broadcasting)

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9वां तल, सूचना भवन, सी. जी. ओ. कॉम्प्लेक्स,  
लोधी मार्ग, नई दिल्ली - 110003  
दिनांक: जून, 2023

**C I R C U L A R**

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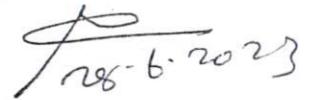
**Subject: Completion of courses on Y-Break Yoga at Workplace, Orientation Module on Mission LiFE and Stay Safe in Cyber Space – reg.**

Reference is invited to M/o I&B's Circular No. T-24012/1/2022-Admn.I dated 26.06.2023 on the subject mentioned above and to inform that the National Programme for Civil Services Capacity Building (NPCSCB) – "Mission Karmayogi" has been launched by offering a wide range of learning resources on the Igot Karmayogi platform to enhance the knowledge, skills and attitudes of officials.

2. June is the month when both the World Environment Day and the International Day of Yoga are celebrated. The following three brief and quite useful courses have been put together by the Karmayogi Bharat SPV to commemorate the events and raise awareness about health, the environment, and cyber safety at workplace:

- a) Y-Break Yoga at Workplace
- b) Orientation Module on Mission LiFE
- c) Stay Safe in Cyber Space

3. In this regard, all the officers/officials working in O/o RNI are requested to complete the above mentioned three courses and submit their Certificates of Completion to Gen. Admin section via email at [rnimibstore@gmail.com](mailto:rnimibstore@gmail.com) by 30.06.2023 (3:00 PM) positively. These courses are accessible on the website (<https://igotkarmayogi.gov.in/>) as well as through mobile applications of iGOT Karmayogi available for both the android and iOS platforms.



(Sourabh Kumar)

SECTION OFFICER (Gen. Admn)

TELE #: 011-24369969

To,

- i. All officers/officials of RNI.
- ii. PSO to PR
- iii. PPS to Addl. PR
- iv. PS to DPR
- v. PA to APR(AKR), APR(AM), APR(JP) & APR(HR)
- vi. NIC cell, O/o RNI with a request to upload the circular on official website.
- vii. Notice Board